



Formerly, THE BURN SHEET

### Notes on Call Review with Dr. Pruett

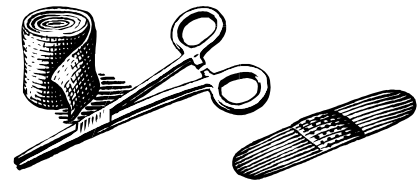
- DMCH, a Level 4 Trauma Center will activate a trauma team for patients with falls greater than 10 feet. Please give them plenty of notice.
- Practice auscultation of lung sounds... as Albuterol is coming for Basics.
- If only the patient's carotid pulse is palpable, the *estimated* systolic blood pressure is 60-70 mm Hg; and if the radial pulse is also palpable, the *estimated* systolic blood pressure is more than 80 mm Hg.
- Remember the "3-hour from onset" window for Stroke Patients. Scoop and Swoop, consider taking a family member with the pt, as permission is needed before giving drugs that can potentially reverse stroke damage.

## First Aid Stations & Many Pancakes to Flip...

### First Aid Stations

The NFAA will be providing First Aid Stations for the local summer festivals. It would be great if the booths were manned by the local NFAA staff in each community. Please mark your calendar...

- Crawford Pioneer Days June 13
- Paonia Cherry Days , July 4th
- Hotchkiss Delta County Fair, August 8th



If you are able to help in another community, please do so! Call Kathy at 921-6160 or email her at [mail@northforkambulance.com](mailto:mail@northforkambulance.com) Your help is appreciated.

### PIONEER DAYS, JUNE 11, 12, 13

Crawford Pioneer Days brings the parade at 10 am Saturday, booths in the park, melodrama, music and more. If you would like to sign up to help in the booth, 1 hr shifts are available. Call Kathy at 921-6160 or email her at: [mail@northforkambulance.com](mailto:mail@northforkambulance.com).

### RIDE THE ROCKIES BICYCLE TOUR, HOTCHKISS, JUNE 14,15

Wow! 2,200 bicyclists, plus 800 support & family members, will descend upon Hotchkiss, via McClure Pass on the Sunday afternoon of June 14th. Hotchkiss Fire Dept is one of two (yes, only two) food vendors providing breakfast the following morning. HFD would appreciate any available NFAA staff to help cook, serve, set up or clean up. If you can help, please contact Kathy at 921-6160. They need helpers to show up around 4:30 am, to begin serving at 5 am. It will wrap up with most bicyclers out of town by 8:30 or 9. This is a tremendous number of people to feed in just a couple of hours. Please be generous with your time. It will be an EVENT just to help out. Cyclists will head south on Hwy 92, over Black Mesa toward Gunnison and beyond.

### BICYCLE TOUR COLORADO, HOTCHKISS, JUNE 21, 22

Again, coming over McClure pass, this tour features 1,700 cyclists, plus 300 support folks, stopping overnight in Hotchkiss on June 21. These folks are bringing their own food service. Cyclists then continue west on Hwy 92, north on 65 over Grand Mesa and beyond.

## North Fork Ambulance Association

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# Calendar

June 4, Board Meeting, 7 pm, Hotchkiss Fire Station

June 8, CE night 7 pm Hotchkiss Fire Station, Peg from the ER will present program

## We're on the Web

[www.northforkambulance.com](http://www.northforkambulance.com)

AN ALL-VOLUNTEER ORGANIZATION  
SERVING THE NORTH FORK VALLEY SINCE 1969

## Hotchkiss Staff for Review

As NFAA Staff members, your input is vital to this organization. Your review is a time to let the Board know how things are going for you and the NFAA. And it is a time to go over your efforts to meet the minimum standards as an active member of the NFAA. Reviews usually start around 8 pm, so you can arrive then, or at 7 pm for the start of the business meeting. Those choosing not to attend in person will be contacted by phone.

**Sandy Miller**

## Board Bits

In May a letter was sent to each staff member who needs updated paperwork in their file. **If you would like to remain active with the NFAA on the July schedule and beyond, please get your paperwork in, or call Kathy at 921-6160 to let her know you are working on it.** After June 30 you will be listed as in-active with the NFAA and no longer able to be listed on-call, drive or tech calls for the NFAA due to the risk of legal action exposure to the organization. Once your paperwork is updated, you may be given active status once again. **Please be responsible to get your paperwork up to date.**

Thank you !

## Interesting Popular Science Article, May 2009

The design of the IV catheter has changed little in 30 years. A new design by Amir Belson is shown in the most recent issue of Popular Science. Here are some excerpts from the article... Belson found that many of first attempts to start an IV fail. Advancing a needle blindly often leaves veins clogged and useless for weeks, bruises patients, exhausts clinicians, and increases costs. Some research has been done to thread catheters using ultrasound technology or infrared light, but both techniques are expensive and require additional training. Belson's redesign features a guide wire to steer the catheter's tip to avoid puncturing the vein wall once the vein has been entered. (see photo).

"It's going to make a big difference in saving a lot of what are now unavoidable re-sticks," says Jeff Stuart, medical director of the Washington Outpatient Surgery Center in Fremont, California. After testing the device on large veins in pigs, Belson started IVs in the tiny veins in rabbits' ears, where muscles keep the ears bouncing around. Of 100 pricks made, only one failed. Having received FDA approval, in April Belson began a two-month trial with people. If successful, he plans to produce the catheters at a price comparable to current catheters, hoping, he says, "to make this catheter the gold standard worldwide."

