



This Newsletter

is an information exchange for all NFAA EMT's and Drivers! Please bare with us as we make some changes in how this newsletter is created.

For three years Pam Woods and Kathy Steckel have worked together to create this monthly newsletter. Pam is stepping down from this job. Kathy does the editing and production and would also like a break from it. Are there a couple of people within our ranks that would step up to the plate?

If you are interested or have an interesting EMS article, pertinent info, jokes or otherwise, please submit for consideration to Kathy at: justpeachy@tds.net

THE BURN SHEET

Spinal Cord Injury Treatment Part of an article from JEMS magazine...

The Sept. 9 injury of Buffalo Bills Tight End Kevin Everett during a home game against the Denver Broncos brought about newfound interest in spinal cord treatment using induced hypothermia. Dr. Barth Green announced recently in a television news conference that "he has a good chance to walk again." Induced hypothermia is a systematic cooling of the body to a moderate hypothermia level, between 32°C and 34°C, for 20 to 24 hours. Similar to using a cold pack to decrease swelling and cellular damage on an injured extremity, laboratory experiments show that cooling appears to work by slowing the damaging inflammatory processes. In studies conducted by

the Miami Project, induced hypothermia has reduced spinal swelling and inflammation, bringing about positive outcomes. The No. 1 cause of spinal injuries is motor vehicle collisions, followed by water emergencies and falls. The success of high-dose steroids and induced hypothermia in Kevin Everett's case may have EMS reconsidering that spinal cord injury is forever. Within the past few days, Mr. Everett has taken several steps with the assistance of a walker. Given the nature of his injury, perhaps there is some hope that spinal cord injury will no longer be a condition that is untreatable. Full article can be read at: www.jems.com/news and articles

CPR Class and IV Class offered

In Paonia at the Delta-Montrose Tech College campus an 8- hour CPR class is being offered starting at 7 am! Those needing recertification need to come at 1 pm.

The West Elk Mine is providing an IV class and it is open to NFAA EMTs who obtain permission from Dr Pruet to attend. The class will be offered during the day on December 5 & 6 with Fed Carson and Connie Black and again on Dec

19 & 20th with Fred Carson and Rhonda Wrich. If you have been running with the NFAA for at least one year and you are interested in becoming IV Certified to provide better patient care, contact Dr. Pruet at 872-3406. Also, contact one of your local board members to let them know you are ok-ed by Dr. Pruet and will be taking the class.



**NORTH FORK AMBULANCE
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PROVIDING
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EVENTS

Board Meeting— Thursday, December 6, Hotchkiss Ambulance Barn

Continuing Education —Monday, December 10, Hotchkiss Ambulance Barn, Cardiac Emergencies

CPR for EMT's/Drivers/1st Reponders— Saturday, December 8th, Paonia Campus Vo-Tech (old Paonia Middle School), 7 am for full class, 1 pm for re-certs.

Coming in January.... Continuing Ed, Dr. Fisher and Dr Pruetz will be presenting training on advance airways for EMT Basics... Combi-tubes, King tubes are coming!

Get this newsletter online:
northforkambulance.com



Jargon

Coffee (n.), the person upon whom one coughs.

Flatulence (n.) emergency vehicle that picks you up after you are run over by a steamroller.

New Equipment on the way...

Here is an update on AEDs, laptops and the new rig for Paonia.

- AEDs will be shipped to us this month! Be watching for these and be listening for a page to meet at your barn for training.
- Laptops... we are closing in on having the new software installed and ready for EMTs to use, possibly this month too.
- The new rig has been ordered with GMC and should be showing up in our area in Feb or March!