



THE BURN SHEET

Trauma in the Great Outdoors

A joint effort by Care Flight, Mesa Lakes Lodge, Delta County Memorial Hospital, St. Mary's Trauma Services and the EMS Program of DMTC is presenting "Trauma in the Great Outdoors." This one day, 10.5-hour CE program begins on Saturday, August 11 at Mesa Lakes Lodge with a continental breakfast followed by several short lectures/discussions in the classroom. Lunch will include a talk by a guest speaker with small-group learning and skills stations after lunch.

There will be an excellent BBQ dinner served about 5:30 pm through about 7 pm which families are invited. After dinner, festivities include several large-scale moulaged patient scenarios with multiple local emergency entities.

About 9:30 pm there will be a wrap up/debriefing around the campfire with smores and beverages. Overnight arrangements include sleeping out under the stars, there may be a few cabins available, pitching a tent in the nearby forest service campground.

The next morning will include coffee and donuts, a fond farewell and hopefully a plan for the next year's gathering! Bring: camping gear, your families and bug spray!

Call the EMS Office at DMTC 874-6571. Space is limited...tuition will be paid for by the NFAA for those of us wanting to go.

Cherry Days

The NFAA will be in the park in Paonia on July 4th – handing out balloons to the kids as well as taking blood pressure readings for the grownups. Please call Pam at 234-3475 if you're able to help for an hour. Someone will need to drive the ambulance in the parade. Thanks!

Call Review

Next call review is tentatively scheduled for Thursday, August 16, 7 pm at the NEW Hotchkiss Fire House. Please plan to attend and meet Dr. Pruet.

Grant Received from State EMS

With grant monies tight out there on the state level this year, it was great news to hear the NFAA has the support of the State of Colorado's EMS division! **The NFAA was recently awarded a grant for one new ambulance and three state-of-the-art AEDs!**

The new rig will replace the old Crawford rig which has served out its time as the back up rig for Paonia these last few years. The three primary rigs will receive the new AEDs that are com-

pliant with the new CPR & defibrillation guidelines. Additional grant monies are being sought for two more new AEDs for our two back up rigs, as well as updating our CRP Classes materials and manikins.

Thanks to the efforts of Pam Woods, Alowetta Terrien and Richard Kinser we will use this grant to continue to update our equipment in an effort to provide the best BLS emergency service for the North Fork community.

**NORTH FORK AMBULANCE
ASSOCIATION**

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IN THE NORTH
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SINCE 1969

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EVENTS

Board Meeting, Thursday, July 5, 7:00 pm, Paonia Ambulance Barn

Continuing Education, Monday, July 9, 7 pm, Paonia Ambulance Barn

Call Review, Thursday, August 16, 7 pm, Hotchkiss Fire Barn with Dr. Pruett

Colorado State EMS Conference, November 9-11, Keystone, CO

2-year Reviews

Scheduled for review for this month:

Mike McGhee, Pam McGhee, Jim Roberts

If you are not able to make the board meeting, please make arrangements to be present at the next board meeting that meets your schedule.



July CE

will be in Paonia at 7 pm at the Paonia Ambulance Barn. Topic to be announced. Hope to see you there!

Lead, Follow or...

by Deb Ferrier

Back in the 60's, I have been told, they had a saying, "Lead, follow or get out of the way." What does that mean for you and the NFAA? You gave up 150+ hours of your life to become an EMT, more to continue as an EMT. Why did you do that? Surely not just to have the title. So... are you putting yourself on the schedule more than once or twice a month? Do you take one Saturday or Sunday a month so the burden doesn't fall on the same people or leave a hole in the schedule?

Do you attend CE's when you can to improve your skills and knowledge? Do you show up to a call even if you are not on the schedule, just in case your fellow EMT and/or driver might need some help? Responding not just the MVC's, but to the elderly female complaining of N & V? Do you attend scheduling meetings and do rig checks?

Yes, it is a lot of time out of our lives. But how else do you become good at what you obviously wanted to be... an EMT with the North Fork!